

## **QUESTIONNAIRE**

### **Entrance exam for the “Specialized” subject of the specialty “Bodyguard” College based at the “Armenian State Institute of Physical Culture and Sport” foundation**

#### **Topic: history of the RA armed forces and martial arts**

1. The essence, issues, legislative framework of basic military training.
2. The structure and issues of the RA armed forces. Armenian army in the ancient and middle centuries. Rank distribution, armament.
3. The issues of army in the old centuries, procedure of recruitment and combat training.
4. The management system of the RA armed forces.
5. RA state emblems. The national anthem. The national coat of arms. The state flag.
6. The coat of arms of the RA Armed Forces.
7. The battle flag of military unit. Military oath of enlistment.
8. Army song.
9. The code of conduct of the Armenian military.
10. Victorious battles (Sardarapat, Bash-Aparan, Gharakilisa).
11. Armenian military formations in the 17<sup>th</sup>-18<sup>th</sup> centuries.
12. The army of the Republic of Armenia in 1918-1920. The structure and armament of the army.
13. The role of Armenian generals in creating the army of the First Republic of Armenia.

#### **Topic: Combined arms regulations of the RA armed forces**

1. Areas of operation of the RA armed forces regulations.
2. Rights and general duties of military personnel.
3. Military ranks of the RA armed forces. Heads and subordinates.
4. Command and order. Military salute.
5. Rules of military courtesy.
6. Procedure for military oath of enlistment.
7. The essence of military discipline.
8. Incentives. Disciplinary penalties.
9. Types of military responsibility. Responsibility for disobeying the order and voluntarily leaving the military unit.

#### **Topic: Basics of tactics**

1. Modern combined arms combat: overview, types, basic principles.
2. Types of combat support. Marching and combat formation of a motorized rifle squad.
3. The composition and combat capabilities of the motorized rifle squad.
4. The armament and capabilities of the motorized rifle squad during the fight against tanks and armored vehicles.
5. Actions of a soldier during the battle. Soldiers in defense, in attack, as an observer.
6. The procedure for examining the enemy, determining his position and reporting to the commander.
7. Fight against enemy tanks, armored vehicles. Their characteristics and vulnerabilities.
8. Tactical conventional signs.
9. The structure and armament of the armed forces of contiguous countries.

**Topic: Firepower preparation**

1. The main types of Kalashnikov assault rifle, combat features.
2. The main parts and mechanisms of Kalashnikov assault rifle, their role and operation.
3. Shooting and target aiming.
4. Safety rules.

**Topic: Marching drill**

1. Formation: types, component parts.
2. Formation management.
3. Marching posture. The duties of a soldier before formation and in the ranks.
4. Marching exercises.
5. Execution of a military salute.

**Topic: Military topography**

1. Varieties and tactical features of the terrain.
2. Compass. Orientation in terrain without a map. Ways of determining the horizon lines.
3. Magnetic azimuth. Determination of magnetic azimuth. Moving by azimuth.
4. Topographic map.
5. Conventional symbols and scale of the topographic map.
6. Depiction of relief and local objects on a topographic map.

**Topic: International humanitarian law**

1. Essence of international humanitarian law.
2. Prohibited ways and means of conducting combat operations.
3. Protection of patients, wounded and organizations.
4. Protection of medical institutions and organizations.  
Logos of medical institutions protected by international law.

**Topic: Safety of vital activity**

1. Emergency situations.
2. The unified state system of population protection.
3. Natural emergency situations and protection of the population.
4. Man-made emergency situations and protection of the population.
5. Accidents with releases of potent toxic substances.
6. Accidents with releases of radioactive substances.
7. Hydrodynamic accidents.

**Topic: First aid**

1. The purpose, objectives and scope of first aid. Rendering features.
2. Duties of the first aid provider.
3. Assessment of the victim's condition and stages of emergency actions.
4. First aid for internal bleeding.
5. First aid in emergency situations.
6. Dysfunctions of vital organs. An understanding of functions that ensure the vital activity of an organism.
7. Disorders of consciousness.

8. Respiratory disorders.
9. Upper airway obstruction with foreign bodies.
10. Cardiac disorders. Acute disorders of blood circulation.
11. Borderline (terminal) states.
12. Post-resuscitation complications.
13. First aid for open and closed fractures.
14. First aid for arterial bleeding.
15. First aid provided during suffocation caused by toxic gases.

### **Topic: Healthy lifestyle**

1. Concept of health.
2. Understanding of valeology.
3. Understanding of components of the health.
4. Levels that make up health.
5. Health factors.
6. Understanding of a healthy lifestyle.
7. Components that make up the structure of a healthy lifestyle.
8. Food and health.
9. Sensible nutrition.
10. Essential substances required by the body.
11. Basic nutrients.
12. Vitamins and compounds of mineral salts.
13. Stress and health.
14. Types of stress.
15. Stress factors.
16. Stress control measures.
17. Stages of adjustment or adaptation to stress.

### **References**

The requirements of examination questionnaire for "Specialized" subject were retrieved from the program and standard of subject "Preliminary Military Training" for general secondary school, 8-9 grades, Yerevan, "Astghik Gratun", publishing house, Yerevan - 2010, V. Ohanyan, L. Ghazaryan, S. Margaryan and others.

The requirements of examination questionnaire for "Specialized" subject were retrieved from Methodical basics of teaching a healthy lifestyle for general secondary school, Textbook, part 1, Yerevan, 2015, 123 pages, Harutyunyan A.A., Hakobyan E.S., Grigoryan Yu.G.