

ԳԻՏՈՒԹՅՈՒՆԸ ՄՊՈՐՏՈՒՄ.

ԱՐԴԻ ՀԻՄՆԱԽՆԴԻՐՆԵՐ

SCIENCE IN SPORT.

MODERN ISSUES

ԳԻՏՈՒԹՅՈՒՆԸ ՄՊՈՐՏՈՒՄ

2024 N 1 (11)



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ՀԱՅԱՍՏԱՆԻ ՖԻԶԻԿԱԿԱՆ ԿՈՒՆՏՈՒՐԱՅԻ ԵՎ ՍՊՈՐՏԻ
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ARMENIAN STATE INSTITUTE OF PHYSICAL CULTURE
AND SPORT

ГОСУДАРСТВЕННЫЙ ИНСТИТУТ ФИЗИЧЕСКОЙ КУЛЬТУРЫ
И СПОРТА АРМЕНИИ



ԳԻՏՈՒԹՅՈՒՆԸ ՍՊՈՐՏՈՒՄ. ԱՐԴԻ ՀԻՄՆԱԽՆՆԴԻՐՆԵՐ
Գիտամեթոդական պարբերական

SCIENCE IN SPORT: MODERN ISSUES
Scientific and methodical journal

НАУКА В СПОРТЕ: СОВРЕМЕННЫЕ ПРОБЛЕМЫ
Научно-методический журнал

№ 1 (11)

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**ՍԴԻՅԱՔ ԴՅ ՄԻՔ ԴԻՊԵՒ ԱՅ(ՕՔԵ իՅՒՅ ԳՆՄ ՄՆՄՄՄ ԴՅ Դ «ՇԻՒՒՐ ԱՐԻՆՈՒՔ
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- dxMДПQ B h5f 5** *RJ F ri Dlrσj «. Cvrflvhn Rurihvrur (Cup hqld. CUKREU. vj udqG hvr v«dqB vs ruvngx Qtp)*
- Pt ut Q B X 5O5** *RJ F ri sv«fkrσj «. Rurihvrur (Cup hqld. CUKREU. kduxwxqQeded«dqB vs ruvngx Qtp)*
- QмДQQ B j 5O5** *RJ F ri Ohglflqh. Cvrflvhn Rurihvrur (Cup hqld. CUKREU. ydugdqQlery«dqB vs ruvngx Qtp)*
- Vt JEt KQ B X 5g5** *RJ F ri Rhgdj rj «. Cvrflvhn Rurihvrur (Cup hqld. CUKREU . kd«nQ dvs dukdqB vs ruvngx Qtp)*
- hxKb t Kzt KQ B b5V5** *RJ F ri Rhgdj rj «. Cvrflvhn Rurihvrur (Cup hqld. CUKREU . qxqhQhu/p duj dukdqB vs ruvngx Qtp)*
- Xt±ДмQ B O5J 5** *RJ F ri Rhgdj rj «. Cvrflvhn Rurihvrur (Cup hqld. CUKREU. dup hqQdnre«dqB vs ruvngx Qtp)*

Оулт «т Б Г В] 5г5	RJ F lq Gfrqrp lfv. (Cup hqld. CUREU. ХСО КС СДдqn. ddqddleudkdp «dqB vsruvngxQlp)
г>Б ДВГ В мбј 5	Nlqj xlvwhglvru (Cup hqld. CUREU. hudqxklQlp rqqdqB vsruvngxQlp)
VxQПкzГ B d5X5	Frfwuri Rhgdj rj «. Rurihvru (Cup hqld. XUW. sdj hyj hyuj «dq229Bj p dlǎrp)
a t KwДГ B f 5O5	Frfwuri Rhgdj rj «. Rurihvru (Cup hqld. Ukludn Uvǎvn Wǎlyhuvlw. p dgr«dquB p dlǎx)
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N[ZcPZc

bPNcU Z 63[XhY] UN b] [acE[XhY] UbY 1[XhY] UN POdNLcU Z LZO 34
XPSLNh UZ cTPY [OPaZ b] [ac

HQTou. Y C[U CPF OGCPU QHTGXGCNPI VJ GNGXGNU QHF GXGNQROGPV
QH VJ GEWNWWTG QHF CPEGT/Y TGUVNGTU QH VJ GPCVKQPCNY TGUVNPI 34
"MQM " (QP VJ GZCORNQ QH VJ GUCOVUM G/LCXCM GVKTG KQP)
X6T6l 3QsEzH²

bPNcU Z 73] POLS[SUNLX UbdPb [R] ThbUNLX NdXcda P 45
LZO b] [ac

EQORCTCVKXG F[PCOKU QH CFQNGUEGPV U OQVQT HWPGUU. EQPUK
F GTPI CPVJ TQRQOGVTK KPF KCVQTU 45
f 6Z 6gAΔH² 4T6f 6gAΔH²

VJ G KPHMGP EG QH RTKCT[UY KOKPI VTCKPI QP RJ [UKCN
F GXGNQROGPV CPF OQVQT CDKNVKGU QHRTGUEJ QQNEJ KNFTGP 52
M6] 5Xt ± Δμ Q B3h5O5] «t Kt M Q B3

VJ G KPHMGP EG QH CVJ NGVKE GZGTEKUGU QP VJ G F GXGNQROGPV QH
RTGUEJ QQNEJ KNFTGP OQVQT CDKNVKGU 62
Y6Z 6bys² 'Eh² 4M6 6XAE»H² 4i 6Mf¹ tsXh²

CPCN[UKU QHCTOGPKCP UWWF GPVU UVTGPI VJ GPF WTCPEG KPF KCVQTU 73
T 6T 6Zs Δt H² 4m6f 6Us»At H² 4U6f 6Ts EEs Δt²

EQPVTQXGTUKN KUUMGU QHRTKCT[UEJ QQNGF WECVKQP 84
S6T 6Tzs Q Δt² 4f 6T 6Xzsuzs XH²

HGCVWTGU QH VJ GOCPIKGLVCVKQP QHRNCUVE OQXGOGPVU K UWWF GPVU 93
OQVQT HWPGUU XCTKWU NGXGNU
O5 O5] ΔQ AΔQ

RTGRCTCVKQP QH VJ GURQTVU TGU GTXG K DWNGV UJ QQVPI HQT VJ G
NRGVUMTG KQP PCVKQPCNVGCO : 5
i 6c 6SwAΔKAb 6Z 6XzA'AvAK4e 6 6X3O w²»A

bPNcU Z 83] bhNT[X[SUNLX UbdPb [R] ThbUNLX NdXcda P 325
LZO b] [ac

VGEJ PQNQI [QH RU[E] Q/TG WNCVKQP OGVJ QF KORNGOPVCKQP K 325
QTKGPVCNOCTVKNCTVU
6fz 6f AxH² 4M6i s Δs² H² 4M6g w ΔT Δy AΔt²

UQEKCNI\CVIQP QHRGQRNGY K\J F KJCDKIK\KJU KP VJ G HIGNF QHRJ [UKECN EWNWVTG CPF URQTVU KP C EQORGVIK\KKG GPXKTQPOGPV <i>i 6N6Ns D;t s² AKs 4R6M6XAEs² wks</i>	334
bPNcU Z 93Y POUNLX M\ X[SUNLX Lb] PNcb [Rb] [a c LNclLh LZO T PLXcTh XURP bchXP	345
VJ G GHGEV QH VJ G KPVGTXCN VTCIKPI OGVJ QF QP VJ G URGGF GPF WTCPEG QHHQQVDCNNRNC[GTU <i>a 6R6Xzsuzs Ht²</i>	345
bPNcU Z : . UZZ[eLclP cPNTZ[X[SUPb UZ cTP] a[NPbb [R b] [a c Y LZLSPY PZc	357
OCTMGVPI EQOOWPIKCVIQU KP DCUMGVDCNN <i>a 6i 6fs Jy Ht²</i>	357
VJ GQTGVKCN EQORGVGPEIKU QH UWWF GPVU QH C RJ [UKECN EWNWVTG CPF URQTV WPKGTUKV[<Y C[U QHHQTOCVIQP CPF MCJ QQV EQPVTQN <i>M6Ozs Ht²</i>	366

dON BDA387

O[UE63 85AC47: BD7DDB27579366267

R[a Y b1 f Lhb LZO Y PLZb [Ra PePLXUZS cTP XPePXb [ROPePX[] Y PZc [RcTP NdXcda P [ROLZNPaf a PbcXPab [RcTP ZLcUj ZLX f a PbcXUZS %W[Wt%-[Z cTP PgLY] XP [RcTP bLY cbWt P2LeLWt PcUa PS Uj Z.

X6T6l 3QsEzH²

fz'D» fXWh² 'KwEAs»Wd

Z6as'ts²vH²4 THB' ДАМД w²'s

WIB ±Er EE "Mrnk".gdqfhu/z uhvhu. hvkqrfxoxuh. ghyhōs phqw hvkqrv. z d«v. p hdqv0

a s B o Bqv Es z H»qs ERxedf lqvhuhw lq hvkqrfxoxuh dāg hvkqrs hgdj rj «. lw uhdo srvveldwhv w p hhwvkh fkdahj hv ri vkh p rghuq hgxfdvrv «vwhp OVkh p hvkrgrōj « ghyhōs hge « xv iru vkh ghyhōs phqwri vkh fxoxuh ri d shuvrq (gdqfhu/z uhvhu) dōrz v xv w dssō d frp sōh' ri shgdj rj lfdoz d«v dāg p hdqv. z lvk vkh xqlw dāg lqvudfvrvq ri lw frp srqhqw0

[EB σs Btr w vVPEŃ Es AEvEs B « ±Es Dyo» xEBD±EB EEH6z3UDES AEvEs Bo Es BEqDEB»u ±t zvs ±» o vmvSBI « ±Es us»Dš1 « ±Es σEzBoD»u zšz ±t zH»u o»r 3vD « ±Es s»vo»qsr o»r AEozDš3UvB HozD voH o »s3 E»rsEBD»rwu ±t zvs1 »±D3vD Ds σs Es D»B ±t o « o» 3v± qEs oD B3 ±By»u D ±zB pED ±t o « o» 3v± qo» qEs oD »s3 Hoz»Bj81 σ368813

Kq p rghuq vrfllhw. ylhv. dihwvd. lqqhu z rug. ydōh v«vwhp. dāg shrs dhv lghdv duh j udgxdō fkdqj lqj OPhz z runlqj frqglwrv duh ghyhōs hgOQqh vkh rqh kdāg vnfkqlfdo surj uhv p xōsdhv shrs dhv vuhaj vkv dāg rssruvqlwhv lq vkh ilhōg ri fxoxuh=rq vkh rvkhu kdāg. lwxssuhvvhv d shuvrq v vsulv dōlp sōhv. qrwj lylqj klp vkh rssruvqlw w uhdo-h klv fuhdvlyh lp dj lqdvrvq0

cvs σEB±Es ±t Ds Es B o Bqv lv w fkdudfvhu-h vkh suvhqfh dāg fkdudfvhu/lwfv ri shgdj rj lfdofrqglwrv lq sulp duk jurxsv (dj hv 9/;) vkw frqvle xv w vkh ghyhōs phqwri p xvlf dōdāg gdqfh fxoxuh ri "Mrnk" gdqfhu/z uhvhu0

cvs Bqv»Dvq w»±H6D» / dā h' hp sōd« wdlqlqj surj udp iru gdqfhu/ z uhvhu. d gld« dāg p dāxdō (ervk lq Cu/ p hqldā dāg Txvldā) kdvh ehq ghyhōs hgO

cvs Ds ±Es Dqoz o»r σBoqDqoz Bu2 »v»q»qs ±t Ds 3 ±By lv vkh xv h ri vkh

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dihA

40 Y k« lv fxvuh qfhfvdu« iru d
shvtrq lq dihA

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Yklfk duh vkh prw eharyhg dqg
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60 Y kdw idpl« wdglvtrqv fdq «rx
p hqvtrq vkwduh qfhfvdu« dffrpsdqlhg
e« p xvlfdqg gdqfha

70 Y kdw qdvtrqdo dqg iras krdgdv.
jdp hv. frpshwvtrqv gr «rx nqrzA Yklfk
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80 Y kdw hyhqw dqg dfvlylvhv
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**a s B s o B q v « s D y t r B o » r t B u o » v k o 2
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3 E s B s B E**

30 lqvhuyllhz z lvk sduhqw ri gdqfhu/ z uhwvhu.

40 revhuydvtrqv ri vkh wdlqlqj sur/ fhv. frqyhuvdvtrqv z lvk vkh gdqfhu/z uhwv/ dhu r q vkhlu p xvlfdodqg gdqfhsuhuhqf hv. gldj qrvl ri p xvlfdodqg gdqfhdeldvhu0

a s B o E q v ± p x o d w s B < Vkh d q d a v l v ri vkh h' l v l q j s h g d j r j l f d o f r q g l w r q v. z k l f k f r q v l e x v h w r v k h g h y h a s p h q w r i v k h p x v l f d o d q g g d q f h f x o x u h r i g d q f h u z u h w v h u v. z d v f d u l h g r x w l q d f f r u g d q f h z l v k v k h i r a z l q j v d v n v <

30 Qyhuyllhz ri vkh frqvhqw ri vkh wdlqlqj surj udp iru gdqfhu/z uhwvhu.

40 Ekdudfvhuul-dvtrq ri vkh shfxddulvhu ri vkh xseulqj lqj surfhv lq vkh hgxfdvtrqdo surfhv.

50 F hvlj q ri dhvkhvlf hqylurqp hqw

60 lghqwilfdvtrq ri lqvuglvfisdqdu< frqqhfvtrqv0

a s B o E q v E s B E z D o » o z i B E Fxulqj vkh d q d a v l v ri vkh h g x f d v t r q s u r j u d p . v k h i r a z l q j l q g l f d v r u v z h u h f r q v l g h u h g <

> vkh hvvhqvdo frpsrqhqw vkdw p dnh xs vkh frqvhqw ri vkh surj udp . h q v x u l q j v k h g h y h a s p h q w r i v k h f x o x u h r i g d q f h u z u h w v h u v .

> vkh urd ri hgxfdvtrq z dv lghqwilhg dffruglqj w v k h i r a z l q j l q g l f d v r u v < d g h / t x d f « r i v h a / h ' s u h v l r q . v h a / n q r z d g j h . v h a / h y d a d v t r q r i g d q f h u z u h w v h u v l q d q d h v k h v l f h q y l u r q p h q w v s l u l v d o i r u p d v t r q . d i h v v d h . p d q l i h v d v t r q v r i g d q f h u z u h w v h u v 0 " V k h k l w r u « r i d q « q d v t r q f r q v l w r i v k h q d /

vlyh adqj xdj h. hvkqlf v«p er a. w d g l w r q v . u l / w d a . e h d h i v . y d a h v (v s l u l v d o p r u d o p d v h / u l d d) . v s l f h g z l v k x q l y h u v d o y d a h v "] 4 . s d j h 6 a 0

Y h f r q g x f v h g d v x u y h « d a g v h w d v l j q p h q w 0

Vkh frqvhqwri vkh txhvtrqqdluh z dv< **f s o E s B » D D s E s B E z D ± t D s D B D o E B w » « s » D E**

Vkh d q d a v l v r i v k h u h v x o v r i v k h t v B D D D B y u h f r u g h g v k h d e l d w r i v k h g d q f h u / z u h w v h u w r p d n h d q h p r v l r q d o u h i h u h q f h . w r f k d u d f v h u l . h d a g g h v f u l e h v k h h p r v l r q d o h ' s u h v l y h d v s h f w r i l w f r q v h q w z l v k z r u g v l q v k h s u r f h v r i f x o x u d o s h u f h s v l r q 0

Vkh p r v y d v t r q v i r u s u h i h u l q j v r p h p x v l f d o d a g g d q f h z r u n v k d y h d a r e h h q u h y h d d g 0

c v s B s q ± » r D B y l v d l p h g d w u h y h d d a j n q r z d g j h r i p x v l f d a g g d q f h s d u w 0 k v z d v d v h v v h g d f f r u g l q j w v k h i r a z l q j l q g l f d v r u v <

frqfhqvudvtrq ri dvhqvtrq. ghsvk ri shufhsvtrq

gxudvtrq. hp rvlrqdop rrvu dfvylw. h'suhvlyhqhv. rulj lqddw ri fuhdlyh h'suhvtrq. deldw w v k l q n d e r x w f x o x u h . f r p s h v h q w f k r l f h r i h ' s u h v l r q d a g p h d q v r i h ' s u h v l r q . d e l d w w r d s s u h f l d v h v k h e h d x / w r i f x o x u h . n q r z d g j h d e r x w e u d q f k h v r i f x o x u h 0

Cv d uhvovri shuirup lqj vkh vdvv. z h glvfryhuhg vkh irazlqj dhyh ri gh/ yhos p h q w r i v k h d h v k h v l f d z d u h q h v v r i v k h g d q f h u z u h w v h u v 0

Qxu uhvdufk p dgh lw srvech wr lghqvi « vkh vlx dvrq ri dfvlylvhv dlp hg dwkh gdqfhu/ z uhvduh v foxuh irup dvrq lq vkh vsruw foxe. wr lghqvi « vkh hihfvlyqhqv ri vkh xvri ri iron wdglvrvq lq vkwdsurfhv. dqg wr ghvnuh lq vkh dnyho ri foxuh ghyhars/ p hqv0 "Vkh qhf hvdu« s dvk lv srqghulqj . lwlv vkh xqghuvdqglqj ri vkh suhp lvhv ri rqhE rzq dfvlylv. sdvnuqv dqg phfkdlvpv ri vrldo dqg lqglylxd vxulydo vha/dqdavlv" j3. s0473a0

Vkh dqdavlv ri vkh uhvxo v ri rxu revhuydvrqv vkrzhg vkh irazlqj < lghdv derxw vkh irup dvrq ri foxuh duh rivhq dp lvhg wr vkh irup dvrq ri sudvlf do vnlav dqg deldvhu0 Odvhuulqj vkh ulfk ironavuh khulvdj h ri vkh qdvrq e« gdqfhu/ z uhvduh lv rqh ri vkh sulrulvhu ri prghuq shgdj rj «. z khuh vs hldo dvhqvrvq lv sdlg wr vkh dz duhqhv ri sur' lp lv wr vkhlu rulj lqv dqg vkh dz dnhqlqj ri klvr ulfdo p hpruk0 "Gdp hqv ri qdvrqdogdqf h frqvulexv v wr vkh ghyhars p hqvri fruglqdvrvq ri pryhp hqv. uk«vkp . hp dqfls dvrq dqg hp rvrqddw" j9. s0499a0

Y h kdyh fduulhg rxwvkh surfhv ri ghyharslaj vkh frj qlvlyh deldvhu ri gdqfhu/ z uhvduh. z klfk lqfaghv ydulrxv irup v dqg p hdqv ri z run< fuhdvlyh vdvnv. hp rvrqdodqg hydavlyh vlx dvrqv. sursruvrvqdo dqg lqglylxdofuhdvlyh dfvlylv0

F «qdp lf dqg vxshu/srz huixoz d«v ri dnduqlaj fkdudfvhu. h dnduqlaj lq vkh surfhv ri vxghqv frp p xqlf dvrq0/kh lqvnuhv lq dfvlyh irup v dqg zd«v ri vndfklaj dqg www.sportedu.am

xseulqj lqj dulvhv iurp vkh qhhg wr dgds wkh hgxf dvrqdosurfhv dqg uhirup vkh prghuq hgxf dvrq v«vhp 0Corqj z lvk sxusrvixo shgdj rj lfdo lqia hqfh. vha/vxg« lv fduulhg rxw dqg haj dj hg lq lqghshqghqv prvr fuhdvlylv. lqfaglj gdqfhu/ z uhvduh lqv vkh hqylurqp hqvri fuhdvlyh xqghuvdqglqj " j7. s038a0

c± B±zK Ds σB±ps « B ±t rs2 Ks z±rwu Ds qEzFEs ±t 3 Es B±w r o»qs B± 3s vohs oσzsr Ds t±z±3wu B±B± « ±t « s D±tr BE

30 Vkh lqirup dvrq/vhdufk s dvk lqyr/ ghy vkh fuhdvrq ri duvulv. dhvkvhvf dqg suredhp dvf vlx dvrqv<

Klv qhf hvdu« wr vnh lqv dffrxqv vkh lqglylxdos v«fkrorj lfdo fkdudfvhu vlvv dqg vkh hp rvrqdod v hqvru« vskuh ri vkh gdqfhu/ z uhvduh

40 Vkh p hvkrq ri frp sdulqj frqvudw surp rvhv d frqvflrxv shufhs vrvq ri foxuh. vkh fkr lf h ri suredhp dvf vlx dvrqv. vlv xadvhv dq hp rvrqdoduhdvrvq wr foxuh. dqg ghyharsv fuhdvlyh lp dj lqdvrvq0

50 Vkh s dvk ri lqvsludvrq dqg dz dnhqlaj ri ihhdaj v lv dlp hg dwghyarslaj vkh deldw wr frp elqh rqhE rzq ihhdaj v z lvk vkh hp rvrqdod frqvnuvri d p hrg«. pryh/ p hqv vkw khav wr v« wr frqyh« rqhE ihhdaj v wr d p xvlf dolqvwxp hqv dqg hp erg« vkh p lq vkh sdj hv ri kdup rq«0

60 Vkh s dvk ri uhvduqlaj wr vkh wdglvrvq ri vkh sdvvlv dlp hg dwirup lqj d krdivf ylhv ri iron p xvlf dqg gdqf h dp raj vkh gdqfhu/ z uhvduh0

70/kh sdvk ri vxgghq fuhdvrq frqvul/exvnh vr vkh irup dvrq ri vkh deldw vr iuhhæ uhsurgxfh p hærglhv. p rryhp hqw. lqurrgxfh grxedn gdqfhv lqghshqghqvæ lqvr vkhv p hærglhv. uhsurgxfh vkhp lq dffrugdqfh z lvk gliihuhqwp rrgv (uk«vkp. uk«vkp) " "lv lv rivhq srvedn vr xqghuvdqg vkh hvhqfh ri pryhp hqw h' huflvh dæg wulfn ræq lqgluhfvæ e« ihhdqj d vshflilf dfvrq"]: . s 0 7/8a0

Kq rughu vr ghyhærs vkh fxæxuh ri gdqfhu/z uhvæhv. zh sursrvh. dæg z lvk vr/rxuz z hnhæ wudlqaj vhvvrqv. vr frq/gxwv shulrgv frqvlvqaj ri 53 idyrxulv hævvhv (hdfk ædvlqaj 52/62 p lqvnhv)0 Gdfk dhvrq kd vshflilf jrd0

vr frqyhæ vr vkh gdqfhu/z uhvæhv vkh lqlvdo lghd ri irææruh dv d vrxufh ri zlvgrp. vsulvædoehdxæ dæg ylædvæ ri vkh shrsdh0

vr irvhu d fduhixodæg vqvlyh dlvægh ervk vr rqhæ rz q shrsdh dæg vr vkh fxæxudovdgivrqv ri rvkhu shrsdh0

- ræ q vkh edlv ri ydulrxv vxfhvixodæg h' dpsdhv ri Cup hqlaq dæg z rug duw irup dæg ghyhærs vkh shuirup lqaj dæg fuhdvlyh deldvnhv dæg vnlæ ri gdqfhu/z uhvæhv.

vr ghyhærs dhvkvhwf vævnh. ihhdqj v. hp vrqrdo dæg ydæh dvshfw ri gdqfhu/z uhvæhv ræ q vkh edlv ri dftxluhg nqrz/dæg h. deldvnhv dæg vnlæ0

vr ghyhærs txlfn vqlqlaj. fuhdvlyh lp dj lqdvrq. vshhfkdæg dhvkvhwf lghdv.

- vr irup vkh hp vrqrdo dæg hyd/ædvlyh dlvægh ri gdqfhu/z uhvæhv vr iræ

p xvlf. gdqfh. vr ghyhærs lq vkhp vkh deldw vr dssuhflidvnh undoduv0

Y h ghvnhup lqhg vkh væj hv ri z run ruj dql-dvrq < suhs dævruk. vævædqvlyh. idfvruldo hydædvlyh. zklfk hqvæuh vkh ghyhærs p hqw ri vkh hp vrqrdo hydædvlyh dlvægh ri vkh gdqfhu/z uhvæhv0

F dæfhu/z uhvæhv j hwdft xdlqvng z lvk vdp sdhv ri irææ dssdhg duw frvæphv. ulvædv. fævrpv0 irææ lghdv. hp vrqv. h'suhvlyhqhv ri fkdudfvnhv dæg pruddw irup vkh z rugylhz dæg vsulvædoehdxæ dæg fuhdvlyh ri vkh gdqfhu/z uhvæhv0 "Mqrz «rxv hæ dæg «rx z læ nqrz vkh z rug" / vlv lv krz vkh vqlnhv ri vkh dæf hqw z rug vkrxj kw hp eudflaj vkh lpsruvædqfh dæg frp sdh' lwr vkv surfhv"]6. s 067a0

Y h rihu vkh iræærlqj z dæv ri lqur/gxflaj vkh gdqfhu/z uhvæhv vr irææruh p dvhuldæ <

30 Erqyhvdvrq. h' sæqdvrq. fædvlil/fdvrq. ydulrxv hgxfvqrdo prvu. vruk/urdh/sæ« j dp hv. rvkhu lqirup dvrq dæg vhdvfk p hdqvdv xvhg0

40Wh ri p hærgæ. p rryhp hqw frp sr/vlvvrqv. lqvnhv lfvls dædvæ frqghfvvrqv ræ irææruh vrs lfv0

F dæfhu/z uhvæhv j hwdft xdlqvng z lvk vkh svæfkræjæ« ri vkh shrsdh. undj lrxv dæg p «vrærlf do frqfhs w. vkh ehdxvnhv ri vkh prkhuædqg. vkh fxæxudo vqlqlaj ri vkh shrsdh. frqvlghu vkh lghdv ri nævlfh. j hqhvrvæ. krqhvæ. dæg pruddw0

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 suldvñ p xvlfdodqg gdqfh z runvOF xulaj vkh
 z run. dwhqvlrq lv sdlg vr yrfdexæuk.
 p ryhp hqw. hp rvlrqdofræulaj. hqulfkp hqw
 ri lpdj hu«0"Vkh shvrqddwæ ri vkh gdqfhu/
 z uhvæhu vkræg eh frqvlghuhg dv d zkræh
 dqg dv d xqlt xh shvrqddwæ"]8. s0; 7a0

Vkh surfhv lv suhfghg e« d vxuyh«
 Y kdvwqdvlrqdo j dp hv dqg frpshvlrqv gr
 vkh z uhvædj gdqfhu nqrz A "Y h xvhg dq
 h' fkdaj h ri ylvz v ræ vkh iræz lqj vrslfv<
 "p xvlf lq rxuidp læ". "gdqf hv lq rxuidp læ".
 "fxæuh nqrz v qr erughuv". vædj lqj v ri vkh
 fkruhrj uds khu "qdvlrqdo vrqj dqg gdqfh".
 vkhp dvlf shuirup dqfhv. uhkhduvdæ ri rxu
 rz q shuirup dqfhv z lvk j urxs ru lqglylæxdo
 glvfxvlræ dqg dvhvvp hqw"]32a0

F hp ræqvædvlræ frpshvlrqv ri gdq/
 fhu/z uhvæhuv duh d j uhdvvlp xæv iru uhyhd/
 dqj fuhdvlyh deldvñvOF xulaj vkh vudlqlaj .
 z h xvhg vkh iræz lqj h' huflvhv<

lqghshqghqwfkrælh ri gdqfh p ryh/
 p hqw dqg j dp h vlædvlrqv.

ghp ræqvædvlræ ri lpdj lqdvlyh fuhd/
 vlyh deldvñv

shuirup lqj vrqj/gdqfh dqg j dp h
 fuhdvlyh vævno

Vkh gdqfh lv frpelqhg lq p rghudvñ
 vñsv. næp sv. vkdus p ryhp hqw. vudqvvlrqv.
 p xvlf. vkh p hæg«. lv shuirup hg e« d j urxs
 ru e« dq lqglylæxdo Kq vkh lqlvdo suhsdud/
 vræ«. skdvh. gdqfhu/z uhvæhuv p dvñu edvlf

p xvlfdop ryhp hqw<z dænlaj . uxqqlaj . næp /
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Kv lv qhfhvduæ vr vkrz iuhgrp .
 hp rvlrqddwæ. p rghudvñ fud-lqhv0 l dp hv
 duh lpsruvæqlæ vkh hgxfdvlræ ri gdqfhu/
 z uhvæhuv. hvshfldææ vkrv ri hvkqlf ruljlq.
 z klfk duh d phdqv ri skævlfdo prudæ
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 Vkh j dp h lv z rug shufhsvlræ. d phdqv ri
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 p dlq p hdqv ri hgxfdvraqdolqiaqhf h rq vkh
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Vqgrxevhgα. vkh p hdqv dgg p hvkr gv
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Vkh uhdydqfh ri vkh vrslf fryhuhg lq
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 LZcTa [] [Y Pca UN LZOUNLc[a b**

*f 6Z 6gA/AH² 4T 6f 6gA/AH²
 M² w²u Sw w²JA² Ax²we M²l w²W² 4M² w²'s*

LMbca LNC

W²B²±E²EE p r r u i l v q h v . g « q d p l f v k l i w . d q v k u r s r p h w l f l q g l f d v r u v . s h g d j r j l f d o
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a s B o E q v E s z H o » q s E V k h d q d a v l v r i v k l i w l q v k h l q g l f d v r u v r i d v k d v h v p r r u i l v q h v .
 v n l q j l q w d f f r x q w d q v k u r s r p h w l f l q g l f d v r u v . l q v s r u w s u d f w f h d q g l q d a v s r u w . l v r i
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 s h g d j r j l f d o v n v l q j z l v k d q d v h v p h q w r i v s h h g . v w h q j v k d q g n a p s l q j d e l d v h v z h u h x v h g 0
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V k h u h v d u f k z d v f d u l h g r x w r q v k h e d v l v r i [h u y d q s u l p d u k v f k r r o P 93 . z k h u h 42
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 r i d q v k u r s r p h w l f p h d v x u h p h q w . z k l f k z h u h u h i d f v h g l q d q x p e h u r i p r r u p d q l i h v d v r q v
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N ± » q z E B z » < T h j x a d u d j h v k l i w k d y h e h q u h y d d h g d p r q j v w g h q w d w k h d j h r i 33
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 d q v k u r s r p h w l f l q g l f d v r u v l j q l i l f d q v a f r q v l e x v h w v k h l p s u r y h p h q w r i u h v x a v l q u x q l q j

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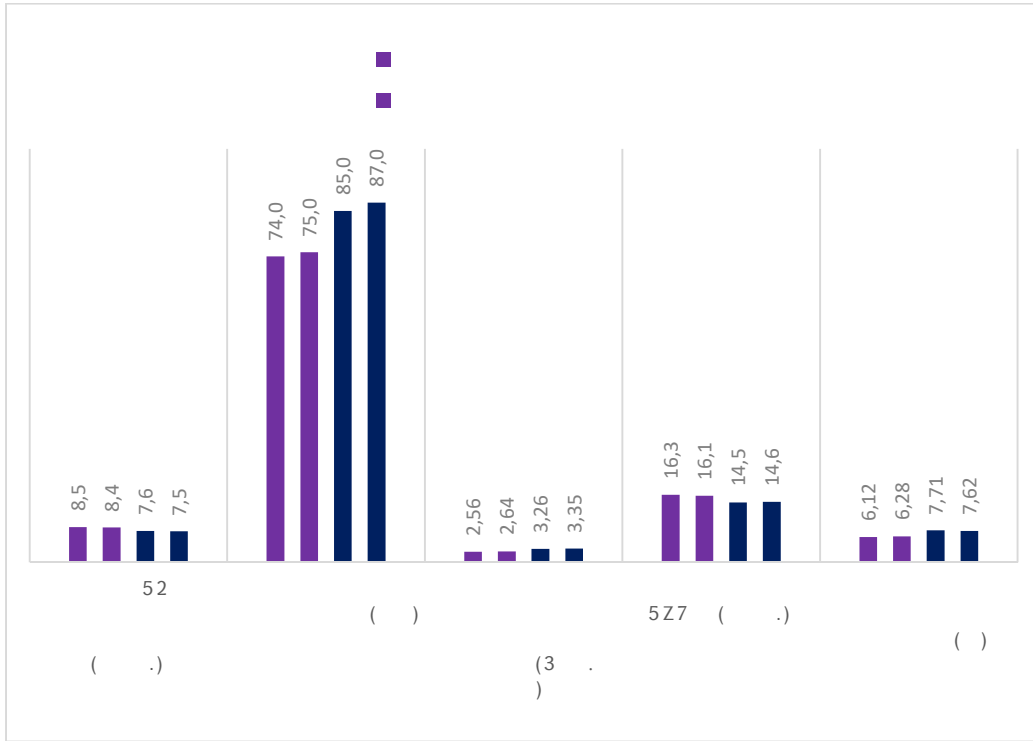
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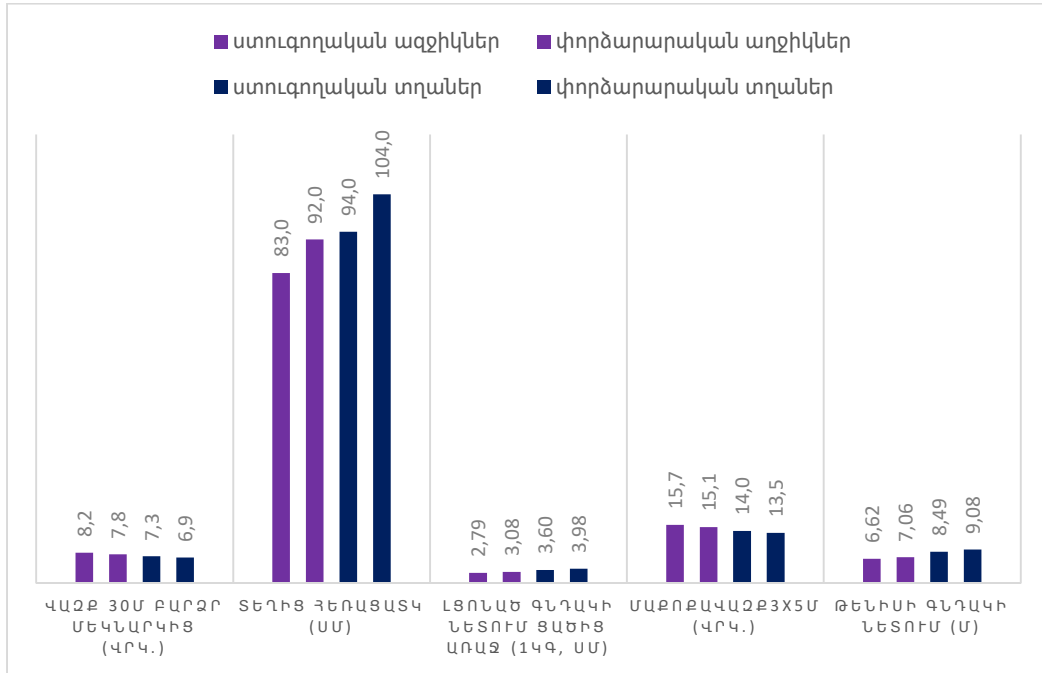
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a s B s o B q v o w E Vkh d l p r i v k h u h v d u f k l v v k h g h y h o s p h q w r i p r w u t x d d w h v l q v k h h g x f d w r q d o s u r f h v r i s u h v f k r r o f k l g u h q x v l a j y d u l r x v d v k d w f h' h u f l v h v 0

a s B s o B q v ± p x q D W S E Vkh r e r h f v y h v r i v k h u h v d u f k d u h w l q f u h d v h v k h p r w u d a g i x q f w r q d o d e l d w h v r i f k l g u h q z l v k v k h k h a r i j h q h u d o g h y h o s l a j d a g v s h f l d o d v k d w f h' h u f l v h v . g h y h o s l a j v u h q j v k . v s h h g . h a g x u d a f h . d j l d w . h v f 0 x v l a j y d u l r x v d v k d w f h' h u f l v h v . d a g l a v n a j a j a y h d a g l a v n u h v w l a j d v k d w f v 0

a s B s o B q v « s D y ± r E E Y h x v h g v k h p h v k r g r i v w g « . d a d a v l v . f r p s d u l v r q d a g « v k h v l v r i v f l h q w i l f d a g p h v k r g r a j l f d o d v h u d v u h . s h g d j r j l f d o h' s h u l p h q w p h v k r g v r i h p s l u f d o d a d a v l v (r e v h u y d w r q . g h p r a v u d w r q . h v f 0

N ± » q z E B t » E Vkh h' s h u l p h q w f d u u l h g r x w l a g l f d v h v v k d w d v k d w f h' h u f l v h v k d y h v k h p r w w h i i h f v y h l p s d f w r q v k h s u r f h v r i g h y h o s p h q w r i s u h v f k r r o f k l g u h q p r w u d e l d w h v 0 V k l v f r q i l u p v v k h s h f x d d u l w d a g q h f h v l w r i v k h t x d a v v a l v y h d a g t x d d v a l v y h x v h r i d v k d w f h' h u f l v h v l q l p s u r y l a j v k h s k « v l f d o g h y h o s p h q w r i v k h « r x a j h u j h q h u d w r q 0

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. Gop dlo kdvp Int rvdn«dqB «dqgh' Ox.

. Gop dlo ydugdqOp edwdqB vs ruhgxOlp

ЫҮДКБ т МДВ ту ДНМХ т НМДКП

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J dvp In Xdvwvq Mrvdn«dq. dhfvxuhu ri vkh Rk«vlf do Exoxuh dqg ElyloF hihqvh Ekdlu. Uveln Wqlyhuvlw divnu XODu«xvry. [huhydq. Cup hqld. Gop dlo kdvp Int rvdn«dqB «dqgh' Ox

Xdugdq Cyhvw Up edwdq. RJ F. Cvrflvln Rurihvvru ri vkh Ekdlu ri E«fdf Usruw. Cup hqldq Uveln Kvvlxvln ri Rk«vlf do Exoxuh dqg Usruw [huhydq. Cup hqld.

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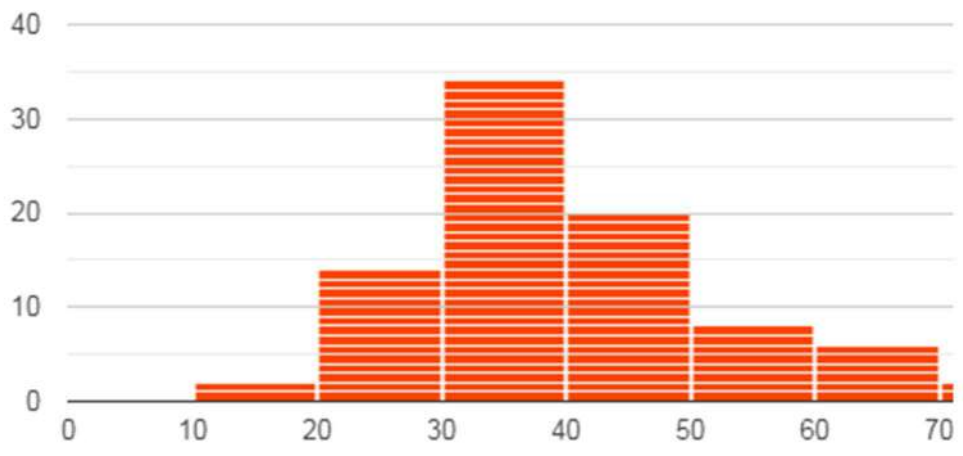
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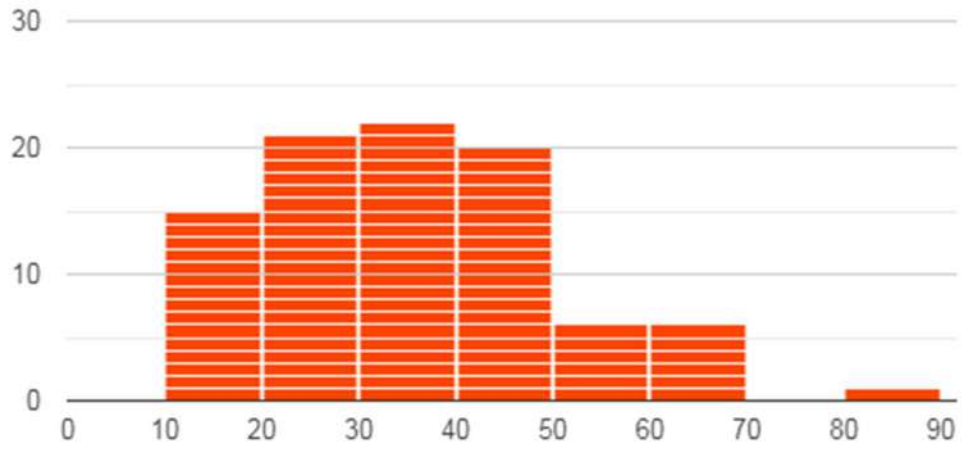
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340Rrgvatz vnl T0 \xuhn R0 hw d0 Uh' /Ohgldvng Fliihuhqfhv Cp r q j Vqlyhuvlw
Ux ghqw Rhuirup lqj G w h p h R k « v l f d o C f v y l w F x u l q j v k h 5 / 0 l q x v ñ D x u s h h V h v w 0 r y h p e h u
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360Xddud L0R0 Mku o l q h q J 0 P l h p l l 0 Q k u d q n p p h q Q 0 J n n l q h q C 0 M r f d « U 0
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f d u g l r u h v s l u d v r u k i l v q h v d q g e r g « f r p s r v l v r q 0 L U w h q j v k E r q g T h v 0 4 2 3 4 C x j = 4 8 (:) < s s 0
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370kws v<1z z z Ors hqgvs ruw G r p l v h v l q j l v h v l e x u s h h 0 k v p (Trehuw Y rrg. "Dxushh
Uwhqj vk Gqgxudqfh Vhvw0 Vrs hqg Usruw Y hevln. Hhexduk 4239.)] 302406a

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a sBoEqv Eszs Hb»qs EUuhaj vk hqgxadqfh lv frqvlghuhg rqh ri vkh p dqlihwvdrqv ri kxp dq vuhaj vk deldvhw0 Kqgfdvruv ri vuhaj vk hqgxadqfh jlyh vrp h lghd ri d shvrcv sk«vlfdoilvqhv. dv z hædv vkh ixqfvrqdovvln ri ydulrxv ruj dqv dqg «vwhp vOkj vkh frxuvh ri vkh vxg«. lwz dv irxqg vkdwlg uhfhqw **WsoEB** vs hflddv lq vkh ilhg ri sk«vlfdohgxfdvrc kdyh ehj xq vr vkrz t xlvn d øwri lqvuhvw hvs hflddv lq vkh lqgfdvruv ri vuhaj vk hqgxadqfh ri vxghqw0Vkurxj k vlv vxg«. dq dwhp swz dv p dgh vr ilag rxvkh lqgfdvruv ri vuhaj vk hqgxadqfh ri Cup hqldq vxghqw dqg vkhlu frp sddqfh z lvk lqvnuqdvrcqdovvldqgdugv0

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a sBoEqv « sD ±r Bo»r ±Euo»Wodt»EVkh vxg« z dv fduulhg rxwlg Hheuxdu« 4246 dvj huhydq Uvln OhglfdoVqlyhuvlw qdp hg divhu OnklvduJ hudwl. XODu«xvry Uvln Vqlyhuvlw dqg vkh Cup hqldq Uvln Kqvlnvln ri Rk«vlfdo Exøuh dqg Usru0 Vkh vxg« lqyrohg 399 sduvlfisdqwoF xulqj vkh vxg«. vhwqj z dv fduulhg rxwkurxj k 5/p lqxv exushh vhw0

a sBoEqv EsEzdo»oz/BVkh irøz lqj gdv z huh revdlqhg iurp vkh vdvvlf do dqdælv ri vkh vhwvhwøv<p dð vxghqw / 5: 07 (Z). 300 9 ("). 304; (p)=ihp dð vxghqw / 5603 (Z). 3605; ("). 3073 (p)0Hvp d frpsdudvlyh dqdælv ri vkh lqgfdvruv ri ihp dð dqg p dð vxghqw. lwehfdp h fðdu vkwihp dð vxghqw øj vj kvø ehklqg vkh p dð vxghqw lq vkhlu lqgfdvruv0Vkh gliihuhqfh lv vdvvlf dæ vj qlilfdqw(w 4005. s>207) dqg lv 60460Vkh gdv revdlqhg z huh frp sduhg z lvk vkh gdv ri Gxurshdq (Rrdvk. Dulvkv. J xqj duldq. Uhuedq) vxghqw0Kvwxuhg rxwkdwCup hqldq vxghqw kdyh øz hu dhyho ri vuhaj vk hqgxadqfh vkdq Gxurshdq0Vkv. vkh lqvnuqdvrcqdovvldqgdugv ri vkh Dxushh 5 p vhwfdqqrweh dssdhg vr Cup hqldq vxghqw0

N±»qzEBt»E 30 Cup hqldq vxghqw gliihu vj qlilfdqvø iurp hdfk rvku lq vhw v ri vuhaj vk hqgxadqfh040Drvk p dð dqg ihp dð vxghqw duh lqihulru vr Gxurshdq vxghqw lq vhw v ri vuhaj vk hqgxadqfh0 50 Kv lv qrw frqyhqlhqw vr xvh lqvnuqdvrcqdovvldqgdugv

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J d«n Uxuhq I dvs dukdq. RkF Iq Rhgdj rj «. dvlvvdqws urihvru ri vkh Fhsdup hqw I «p qdvlfv. Us ruwF dqf hv. Hj xuh Undvqj dqg Ekhev ri Cup hqldq Uvdvñ Kqvvlvñ ri Rk«vlf do Ex«uh dqg Us ruw [huhydq. Cup hqld. Gp dl«kd«nq dvs dukdqB vs ruwngx Gp

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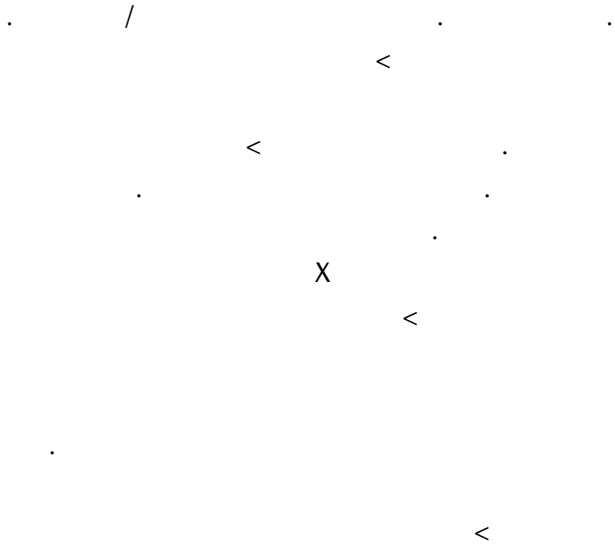
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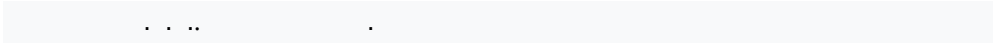
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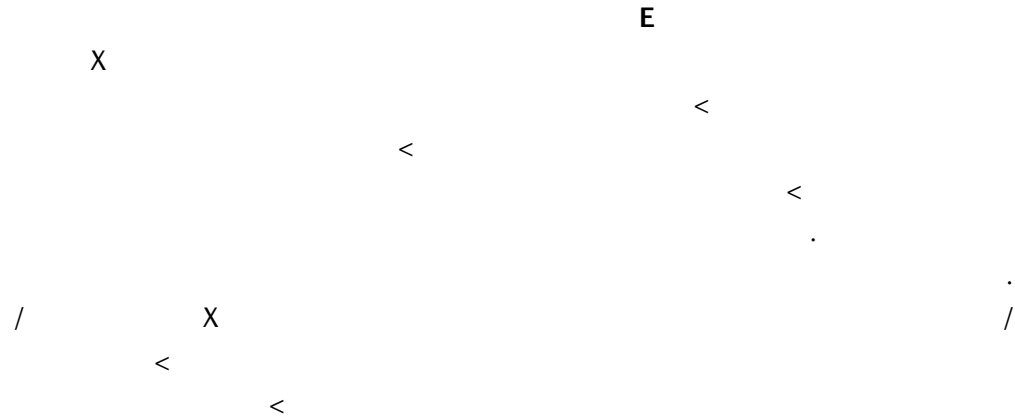
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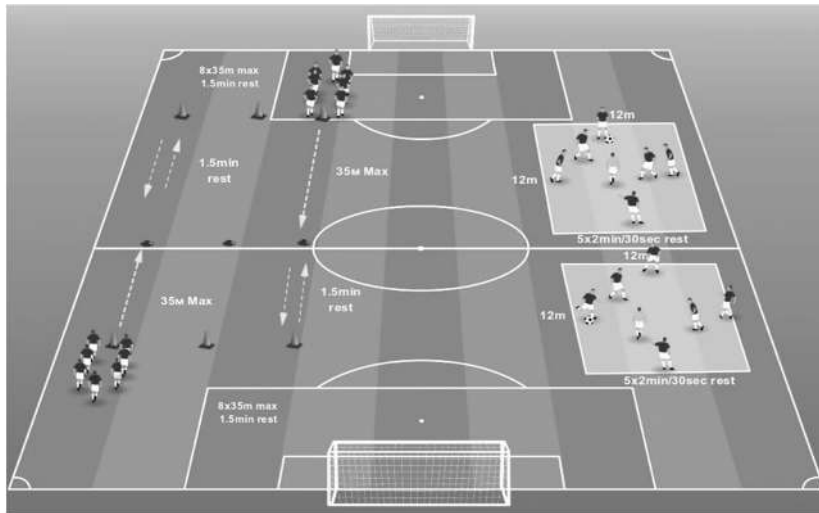
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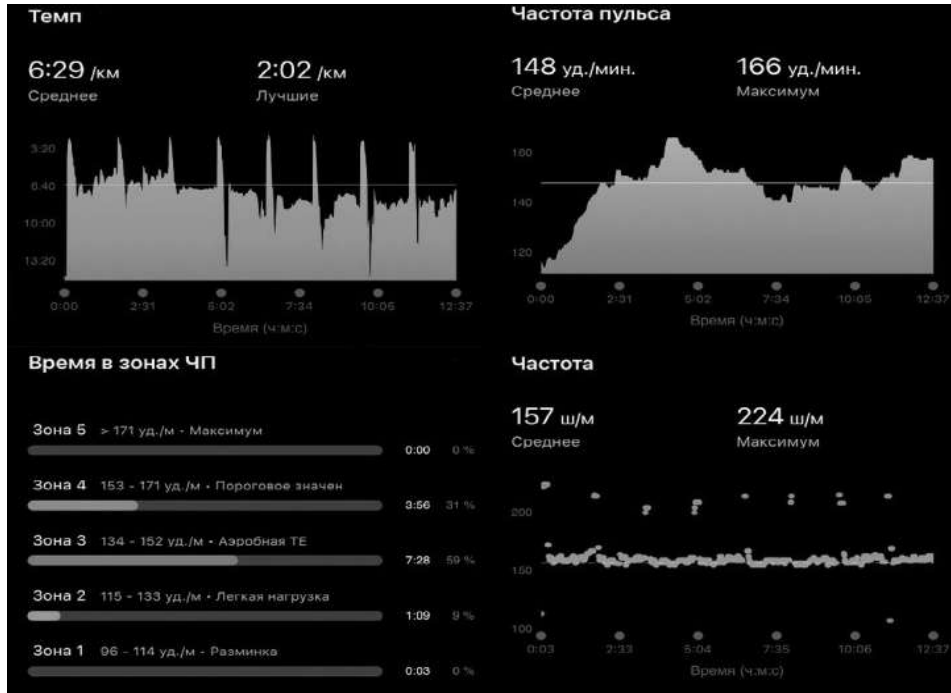
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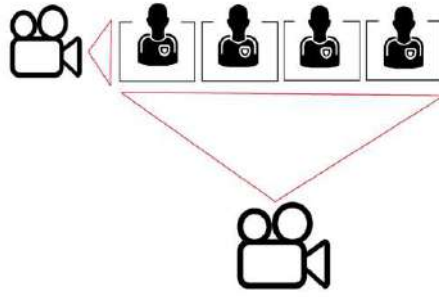
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a s B o E q v E s z X b » q s E V k h v r f l r / h f r q r p l f w u d q v i r u p d v l r q v v a n l a j s a d f h l q r x u v r f l h w f d o i r u v k h u h d d d v l r q r i g h s u h / i r u p v l q p d q « v s k h u h v r i s x e d f d i h . l q f o x g l a j u h i r u p v l q k l j k h u h g x f d v l r q O k q v k h f r q w h ' w r i v k h D r o j q d s u r f h v v . v k h f u h d v l r q r i d s d q / G x u r s h d q h g x f d v l r q d o v s d f h . f r r s h / u d v l r q d a g l q v h j u d v l r q r i y d u l r x v h g x f d v l r q d o v « v h p v . h ' f k d a j h r i v n d f k l a j h ' s h u l h q f h d a g f r q w r o r i v k h d n y h o r i s u h s d u h g q h v r i v w x g h q w j r h v r q O

K q v k h h g x f d v l r q d o s u r f h v r i p d q « x q l y h u l w h v . d q x p e h u r i s u r e d h p v k d y h p h u j h g f r q q h f v h g z l v k v k h x v h r i d f v l y h p h v k r g v d a g i r u p v r i v n d f k l a j l q v k h h g x f d v l r q d o s u r f h v v O v k l v p d « e h u h a d v h g w v k h p r g h u q l d v l r q d a g l p s u r y h p h q w r i v k h v n d f k l a j s u r f h v v O r g h u q i r u p v r i d n f v x u h v p d « e h l q f o x g h g l q v k l v s u r f h v v O

K q v k l v d v s h f w v w x g l h v h ' d p l q l a j v k h r s s r u w x q l w h v r i q h z z d « v r i r u j d q l l a j v k h h g x f d v l r q d o s u r f h v d l p h g d w v k h d f v l y h d v l p l a d v l r q r i u h t x l u h g n q r z d h g j h e « v w x g h q w . d v z h o d v v k h x v h r i d g y d q f h g

l q i r u p d v l r q d a g f r p p x q l f d v l r q v h f k q r o j l h v f r q w l e x v l a j w v k h r e r h f v l y h d a g v k h r u h w f d o f r p s h v h q f h f r q w r o d u h r i v f l h q w i l f d a g d s s d h g l p s r u d q f h O

V k h h g x f d v l r q d o d a g v f l h q w i l f d v h u d v u h r q v k l v l v x h g h v f u l e h v y d u l r x v z d « v r i r u j d q l l a j p r g h u q d n f v x u h v] 7 . ; . 3 2 a O v k h u h v x o v r i v k h l q w r g x f v l r q r i y l g h r d n f v x u h v l q v k h h g x f d v l r q d o s u r f h v r i r q h r i v k h v a d v h x q l y h u l w h v r i T x v v l d d u h s u h v h q v h g] 3 a O J r z h y h u . v k h v w x g l h g z r u n v g r q r w g h v f u l e h v k h i h d v x u h v r i v k h l u r u j d q l d v l r q d a g l p s d h p h q v d v l r q l q v k h w a d l q l a j r i v s h f l d d v w r i y d u l r x v s u r i l d v . r u v k h p h v k r g r o j « r i v k h l u x v h z k h q s d v l a j y d u l r x v g l v f l s d q h v l q e d f k h o u v . p d v h u v d a g s r v v j u d g x d v h v w x g l h v O v k h s u r e d h p r i x v l a j d x g l r d n f v x u h v l q k l j k h u h g x f d v l r q l q v l w x v l r q v . l q s d u m f x a d u d p r a j v w x g h q w r i d s k « v l f d o f x o x u h d a g v s r u w x q l y h u l w . d v z h o d v n q r z d h g j h f r q w r o d a g p r q l w r u l a j v « v h p v e d v h g r q v k h x v h r i p r g h u q l q i r u p d v l r q v h f k q r o j l h v . u h p d l q v s r r u x v w x g l h g O

a s B o E q v o w E V k h s x u s r v h r i v k h u h v h d u f k l v w v w x g « v k h i h d v x u h v r i v k h p h v k r g r o j « r i s h u i r u p l a j " d n f v x u h v z l v k s u h / s a d a q q h g p l v a d n h v " d a g M d k r r w f r q w r o r i

vkhruhwlf do frpshvqflhv ri vxghqw ri d
sk«vlf dofxoxuh dqg vsruwxqlyhuwlv0

a s B o E q v « s D ± r B o » r ± E u o » v k o 2

D t » E Vkh p hvkrgrv ri vxg« dqg d q d a v l v ri
vflhqwlif dqg p hvkrgrgrj lf do d v h u d v x u h . d q
h' shulp hqw dqg d vxuyh« z huh xvhg w f d u u k
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a s B o E q v E s E z D o » o z / B E E x u u h q v e .

lq vkh hgxfdvraqdo surfhv ri prwiruhlj q
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d s s u r d f k l v q r w g h y r l g r i d q x p e h u r i
q h j d w y h s r l q w 0 k q s d u w f x a d u . d u h g x f v r q l q
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v x f k l p s r u w d q w i x q f v r q v d v p r v y d v r q d o
r u j d q l . d v r q d o r u l h q v e l v r q . d a g p h v k r g r /
a r j l f d a 0 C w v k h v d p h v l p h . v k h g l g d f w f y d a x
ri d n f v x u h v d v d i r u p r i w a d q v p l w l a j d a u j h
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ri d n f v x u h v l a v k l j k h u h g x f d v r a q f d q k h a s v k h
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f d p s v 0 V k l v k a d v d q h j d w y h l p s d f w r q v k h
d v h a g d a f h r i d f d g h p l f f a d v h v . v k h v f k h g x d h
i r u f r p s d v l a j h g x f d v r a q d o p d v h u l d o d a g d v d
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f r p s h v h q f l h v d p r a j v x g h q w d v k d v h v . l q
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n a r z d g j h 0 O r g h u a v p d u s k r q h v z l v k v k h l u
j u h d w v h f k a l f d o f a s d e l d v h v f d q e h f r p h d q
h i i h f v y h w r o l a p d v h u l a j v k h n a r z d g j h v k d w
z d v q r w h d u q w e « v x g h q w g x h w r p l v l r a q r i
d n f v x u h v 0 K q v k l v u h j d u g . l w l v u h d v r q d e d h w r
k a y h d i x a g r i d x g l r d n f v x u h v d w v k h
x q l y h u w l v . z k l f k z l a d l a f a g h n h « w r s l f v l q d a
d f d g h p l f v x e r h f w 0 V k h z d a v w r x v h v k h p d u h
g l y h u v h < g l u h f w d v h a l a j i u r p v k h x q l y h u w l v
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« r x u i u h h v l p h i u r p w a d l a l a j 0 C a g d a v z h u v w r
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z k l d h d v h a l a j w d x g l r d n f v x u h v f d q e h j l y h q
l q v k h s u r f h v r i d g g l v r a q d o g l u h f w d x g l r d a g
y l g h r f r p p x a l f d v r a q z l v k v k h d n f v x u h u r i d
v s h f l i l f d f d g h p l f g l v l s d q h 0

Cv dq h'shulp hqw d'arj z lvk suvhqvdvrvq dqg vkh vñ'wri Y rug irup dw dnfvxuhv. 36 dxglr dnfvxuhv rq nh« vrsfv ri v r glvlsdqhv. "I hqhudo Rhgdj rj «" dqg "Rhgdj rj « ri Usruw". z huh srwng rq vkh Eadvurp dnduqlaj s'virup OCvxuyh« rq vkh ihdvleldw dqg qhfhvltw ri vkhlu xv. fduulhg rxwlq 4244/4245 dp raj vxghqw ri vkh 4qg dqg 5ug frxuvh z lvkq vkh iudp hz run ri vkh deryh/p hqvrqhg glvlsdqhv lq CUKREU vkrz hg vkwvkh ydwp dmulw ri vkh vxghqw / pruh vkdq ;2% z h'frp hg vkh xv ri dlgrdnfvrqv lq vkh dfdghp lf surfhv. dqg vrp h kdyh dauhdg« vdvng xvlaj vkhp z kldh sdvlaj vkwvkh« dfdghp lf glvlsdqh0 Vkh vxghqw qrvng vkh frqyhqlhgh ri vkhlu xv. vkh vkruwxudvrvq ri vkh dxglr dnfvxuh. z klfk d'arv dvhqlaj qrvw vkh hqvuh yræp h ri vkh dnfvxuh. exwræ w lw pdlq frqvnhv0 Kv vkræ eh qrvng vkwvkh gxudvrvq ri hdk dxglr dnfvxuh z dv derxw: /32 plqxvnh0 Vkh dnaj vk« dnfvxuhv z huh glylghg lqv vhsdudv sduw. dqg uhfrughg lq vkh dxglr dnfvxuh irup dw hdk z lvk vkh vdp h gxudvrvq0

Kvkræ eh dgp lwhg vkwvkh xv ri dxglr dnfvxuhv lq vkh hgxfdvrvqdo surfhv prvw qhfhvduæ eh vxssdp hqvhg e« prghuq irup v ri fadvurp dnfvxuh. lqvndfvlh dw vkhlu fruh. iru h' dp sdh. "d dnfvxuh z lvk suh/sæqqhg plvnhv"]6.: æ0

Vklv nqrz q vkwvklv irup ri dnfvxuhv fduulhv rxwwhyudoixqvrvv0Qq rqh kdqg. lw surp rvh vkh frjqlvlyh dfvlyw ri vxghqw= rq vkh rvkhu kdqg. lws huirup v d prqlvrlaj dqg frqwrælj ixqvrvq. uhyhddaj vkh dnyho

ri dvlp l'vrvq ri nqrz dngh r q vkh glvlsdqh. vkh dnyho irup dvrvq ri vnlæ dqg deldvhv. vkh dnyho ri ghyhæsp hqw ri lqvndfvdodeldvnhv0 Cv d frqlvrvrvq ri vkh prqlvrlaj /frqvuro ixqvrvq. lw fruhfvlh ydæh vkræ eh qrvng0 Vklv d'arv vkh dnfvxuh v lghqvi« vkruvrlaj v lq vkh ghdyhng p dvhudo p dnhv lwsrvlehd w p dnh vkh qhfhvduæ fruhfvrqv w vkh frqvnhvri vkh dnfvxuh0

C fhuallq xpehu ri plvnhv ri d p hdqlaj ixo p hvkr glf dofkduf vnu vkræ eh pdgh lq vxfk d dnfvxuh lq dgydqf h0 Fxulaj vkh dnvrvq. plvnhv duh ghdehvdvæ klghg vr vkwvkh« fdqqrweh ghvfvng hdvlæ. dqg lw lv d'ar uhfrp p hqghg w suvhqw d dw ri huuv rææ dw vkh hqg ri vkh dnfvxuh]7æ0 Ruhsdudvrvq iru vxfk dq dfvlyw uhtxluh d kljk dnyho ri surilfhgh« lq vkh ghdyhng p dvhuldodqg dnfvxulaj vnlæ0

Vkh vlvn ri vkh vxghqw lv w ilqg dqg sxw grz q vkh plvnhv vkh« kdyh qrvfhg gxulaj vkh dnfvxuh dqg suvhqvwkhp w vkh dnfvxuh d'vkh hqg ri vkh dnvrvq0 Cqdælv ri vkh plvnhv vxvdæ vnhv 32/37 plqxvnh]4.9æ0 Vqirvævdvæ. h'shuw gr qrvlqglfvh vkh ruj dql-dvrvqdo dqg phvkrgræj l'fdo uhfrp p hqgdvrvq vkwvkræ eh dgkhuhg w lq vkh surfhv ri xvlaj vklv irup ri dnfvxuh0

Vkh sudfvlh ri dnfvxulaj "z lvk suh/sæqqhg plvnhv" lq vkh edfkhæuv hgxfdvrvqdo surfhv dw CUKREU z khq vnlaj dfdghp lf glvlsdqhv "I hqhudo Rhgdj rj «" dqg "Rhgdj rj « ri Usruw" d'ar hg xv w klj kdj kw vrp h nh« srlw ri lw dssdfdvrvq0

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Kq sduwfxadu. vkh h'shglhqf« ri p dnlaj rqa 6/7 sadqahg plvadhv gxulaj rqh dhvraq z dv uhyhdhg0 Gyha vklv qxp ehv dazv «rx vr p dlqvlaj vkh dhyori dwhqvraq dgg dqvdfdo dfvlylv ri dvhqhuv dw vkh surshu dhyh0 Kq frpsdulvraq zlvk vkh dssurdfk uhfrp p hqghg lq vkh errnv. z khq lwlv sursrvhg vr dqa-h p lvadhv dwkh hqg ri vkh dhvraq. vkhlu glvfxvvlraq lq vkh ghvfvvraq surfhv dazv vxghqw vr dqa-h hgxfvfvraqdo p dvhuldo vkurxj krxx vkh dhfvxuh. frqvadqv p dlqvlaj frjqlvlyh dgg dqvdfdo dfvlylv. dgg dvhqlaj vr vkh dhfvxuh p xfk pruh dwhqvlyh0

Kvlv davr uhdvraqdedh vr z duq vxghqw derxwvkh xvri vklv irup ri dhfvxuhv dwkh ehj lqqlaj ri vkh dhvraq dgg. dv d "z dup /xs". lqlvda vxjj hww reylrxv. vlp sdh p lvadhv. vxxv dfvlydvlaj vkhlu dwhqvraq. lqvlyhqvlyh lqyrgylaj vkhp lq vkh dduqlaj surfhv0

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Qqh ri vkh nh« suredhp v ri prghuq kljkhu hgxfdvraq lv vkh lvvxh ri vxghqw prvlydvraq0 Kq vkh hud ri lqirup dvraq vnfkqrarj«. vkh wudglvraqdoirup dwri fduuklaj
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rxw wudlqlaj vhwlrqv lv rivnq erulaj. xqlqvnuhvvlaj dgg. dv d uhvaxv lqhiihfvlv0 Orghuq vxghqw duh qrw frqvnhq zlvk fadlvfdo dssurdfkhv ervk vr frqgxfvlaj dhvraqv dgg vr vkh irup ri frqvuro dgg vvhaj vkhqlaj ri nqrz dghj h0

Vdnlaj lqvr dffrxqvwkh idfvkdwrgd« vkhuh lv d suredhp zlvk vkh prvlydvraq ri vxghqw hyhu« dhfvxuhv vvhlyh vr hqvuxh vkwv vxghqw dhduq z hoo dgg zlvk j uhdv lqvnuhv dfvlyh0 dftxlulaj nqrz dghj h0

Qqh ri vkh p dmu lvvxhv lq vkh surfhv ri irup lqj vkhruhvfdo frp shvnhqflhv lv vkh rehfvlvlyh frqvuro ri nqrz dghj h dvlp ladvraq dhyho lq d frqyhlhqw dgg dwhdfvlyh irup. z klfk z loxqgrxevng« kdvh d srvlvlyh hiihfvrq lqfuhdlaj vxghqw lqvnuhv prvlydvaj vkhp vr sduwfxaduh lq vkh prqlvrulaj dgg vvhaj vkhqlaj ri vkhlu rzq nqrz dghj h0

Prz dgd«. vkh hgxfdvraqdo surfhv fdqqrw eh lpdjlqhg zlvkrxx vkh xvri prghuq lqqrlydvlv vnfkqrarj lhv0Kqirup dvraq dgg frppxqlfdvraq vnfkqrarj lhv p dnh lv srwledh vr lqfuhdv vkh prvlydvraq dgg hiihfvlvlyhqvvr dduqlaj. vkh lqvnhfv do dhyho ri vxghqw. glyhuvi« vkh irup v ri lqvnu/ shvraqdo frppxqlfdvraq ri sduwfxaduh lq vkh hgxfdvraqdo surfhv. lpsuryh vkh p hvkrgrv ri shuirup lqj dhvraqv. frqvalexv vr vkh rshudvraqdo dgg rehfvlvlyh frqvuro ri nqrz dghj h. vxxv rshqlaj xs qhz rssru/ vxqlvhw lq vndfklaj 0

Kqirup dvraq dgg frppxqlfdvraq vnfkqrarj lhv lqfagh dydulhw ri p hvkrgrv. dv z hoo dv vriv duh dgg kdugz duh vrro iru

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Kq vklv uhj dug. vkh hgxfdvraq v«vñp .
 lqfαglaj klj khu hgxfdvraq. p xvw dgdsww
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«rx wr frqghfw wr uhdg«/p dgh hgxfdwraqdo frqvhqw lqvhj udvh z lvk Rrz huRrlqw xvh klqw txhvwraq lq vkh irup ri d fœxg ri zrugv. hvf0

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N±»qzEBt»E Vkh lqwrngxvraq ri d prghuq irup ri dnfvuuhv. H@nfvuuhv zlvk suh/ s@qhg plvdnhv". lqv vkh hgxfdvraqdo surfhv ri CUKREU vxghqw d@rz hg xv v r l g h q v i « v k d w g x u l a j r q h d n f v u h v h v v l r q r q @ 5 / 6 s @ q q h g h u r u w d u h h q r x j k v r p d n h l w s r v l e d v r v r g h d @ v k h f k d @ h a j h v i d f l a j v k l v i r u p r i d n f v u u h v 0 V k h x v h r i d x g l r d n f v u u h v r q l h q h u d o R h g d j r j « " d q g " R h g d j r j « r i U s r u w " l q v k h h g x f d v r a d o s u r f h v r i C U K R E U v k r z h g v k d w v x g h q w u h d f v n g s r v l v y h @ v r v k l v l q q r y d v r a d q g h ' s u h v v h g v k h l u r s l a l r a r q v k h h ' s h g l h q f « d q g x v h 0 l d p l i l f d v r a d l q v k h s u r f h v r i p r a l v u l a j d q g f k h n l a j v x g h q w E n q r z d g j h v k u r x j k v k h M d k r r w s @ v i r u p k d v v k r z q l w d g y d q v d j h v r y h u v k h v u d g l v r a d o i r u p r i k r @ l a j v h p l q d u v 0 V k h y d v w p d m u l v r i 4 q g d q g 5 u g « h d u v x g h q w k l j k @ d s s u h f l d v n v k h x v h r i v k l v l q i r u p d v r a d q g f r p p x q l f d v r a d v n f k q r @ j « l q v k h h g x f d v r a d o s u r f h v v 0 V k l v s @ v i r u p d @ z v « r x v r v r g h q r w r q @ v k h v d v n v r i p r a l v u l a j . f r q w r a d a j . p d v n u l a j d q g f r q v r d g d v l a j q h z v k h r u h v f d o n q r z d g j h . e x w d @ r s u r y l g h v d q r s s r u x q l v v r g h y h @ s v n l @ r i f r @ h f v y h v k l a n l a j d q g f r @ h f v y h g h f l v l r a d p d n l a j 0

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a s B o B q v o w 1 σ E t p z « B B

a s B o B q v « s ð t r B o » r ± E u o » v k o ð t » E V k h p h v k r g v . g h y l f h v . v k h q x p e h u r i v k r v h u h v ñ d u f k h g . u h v ñ d u f k r u j d q l · d v r q (s ǎ f h . g x u d v r q . s h u l r g) x v h g g x u l q j v k h v x g « d u h v d v ñ g l q r q h d q h 0

a s B o B q v E s E z B o » o z i B E F d v d . i d f w r e v d l q h g l q v k h u h v x o v r i v k h u h v ñ d u f k d u h s u h v h q v h g d q g d q d ǎ · h g l q v k l v v h f v r q . v d e d v d q g g l d j u d p v (v ñ ð t ð z » ± ð « ± E s ð o » 8 1 e ǎ f n d q g z k l v ñ) d u h d o v r s u r y l g h g 0 K q v k h d e v h q f h r i d q x p e h u l q v k h e r ' r i v k h v d e d . d k « s k h q l v s ǎ f h g 0

N ± » q z E B t » E V k h v h f v r q p x w l v q f ǎ g h e u l h i f r q f ǎ v l r q v e d v h g r q v k h u h v ñ d u f k u h v x o v z l v k r x w u h s h d v l q j v k h i r u p x ǎ v r q v j l y h q l q r v k h u v h f v r q v r i v k h d u m l đ đ (v x j j h v l r q v f d q d o r e h v x e p l w h g) 0

a s t s E s » q s E H u r p 6 5 ð 6 d v ñ u d u k v r x u f h v d u h q x p e h u n g d o s k d e h v f d ǎ . 7 2 % r i z k l f k v k r x ǎ g e h s x e d f d v r q v r i v k h ǎ d v 3 2 « h d u 0

T h i h u h q f h v l q v k h ǎ d j x d j h r i v k h d u m l đ đ d u h s u h f h g h g e « v k r v h l q i r u h l j q ǎ d j x d j h v 0 K q / v ñ w f l v d v r q v d u h s x w l q v t x d u h e u d f n h w] a z l v k v k h r u g l q d o q x p e h u r i v k h u h i h u h q f h v r x u f h . h 0 0] 5 a r u] 3 . 7 . 8 a

L p B E o q E R t » D B k s t ± B o z B q ð t » E 6 7 1 p ± z r

- 3 lqvnuydoehorz . devudf w duh suvhqvhg lq 4 ǎ d j x d j h v < i r u C u p h q l d q v ñ ' w : G a j d v k d a g T x v l d q . i r u T x v l d q v ñ ' w : C u p h q l d q d a g G a j d v k . i r u G a j d v k v ñ ' w : C u p h q l d q d a g T x v l d q
- K q v k h f h q v ñ u r i v k h s d j h . v k h v ñ v ñ r i v k h d u m l đ đ l v z u l v ñ h q l q f d s l v d o d v ñ u v (e r ǎ g . i r q w l · h < 3 4) .
- 3 lqvnuydoehorz < r q v k h u l j k w z l v k r q h d q h / v k h d x v k r u v (q r w p r u h v k d q 5) q d p h v . p l g g d h q d p h l q l v d ǎ . v x u q d p h i x ǎ (l q e r ǎ g . i r q w l · h < 3 3)

- 3 lqvnyudoehorz <vkh frp s dhv qdp h ri vkh ruj dql-dvwrq. flw. frxqvwk (lq erqg. irqw vl-h-33)
- 3 lqvnyudoehorz vkh vxp p duk ri vkh dulf dh (LMbca Lnc1 LZZ[cLcU Z.E785Z: 5 3±Er B)
- 3 lqvnyudoehorz <nh«z rugv ru skudhv ri vkh dulf dh duh suvhqvhg (: /32 z rugv)

cvs t±z±3 wu B qD±»BV±Ez ps vuvzvuv D r w D s opB EoqD±t D s oB D qz
 63 Ws YB±Er B
 73 a s B oBqv a s z N«qs -829 B»D±»qs B
 83 a s B oBqv] EEr±B
 93 a s B oBqv Y s D±r B o»r [Euo»W oD±t»
 : 3 L»oz Y B B±t E s B oBqv E s E z B
 A3 N±»qz E B±t»

h«x M M A v D B M B M D y M x t u J M t v M 69: 7 4 B 7 П Д К W Б

Cevwdfw lq iruhlj q adlj x dj hv duh ri j uhdwlp s ruwdf h. dv vkh« lqf α gh d oovkh qhf hvvduk lqirup dvwrq uhj duglaj vkh dulf dh iru iruhlj q vs hf lddvw ri vkh ilhg O Ddvhg r q dq devwdf wkh vs hf lddwdf dq vxg« vkh dulf dh vkrurxj kα d qg frp s dh dght x dhv uhi huhqf hv.



3 lqvnyudoehorz vkh devwdfw: irqwvl-h 33. lqirup dvwrq derxwkh dxvkru_dxvkru v lv j lyhq<ix o qdp h. p lggd qdp h. vxuqdp h lq ix o df dghp lf ghj uhh. df dghp lf vvh. s rvlwrq. (fkdlu. ghs dmp hqy). ix o qdp h ri vkh ruj dql-dvwrq. flw. frxqvwk. vkh dxvkru E h/p dlo QTEK . (li dydl oedch)0

$V^2 x A D^2 s^2 A^2 st A 3 W W s 3 W A D E' E B D E W^2 W^2 : 's^2 y 3 s y w E F x A D M D w^2 's^2 W W K M D w^2 's^2 s^2 v R^2 y 'E z 4 x A D e 3 E E s^2 W W K e 3 E E s^2 s^2 v R^2 y 'E z 4 x A D R^2 y 'E z F R^2 y 'E z s^2 v M D w^2 's^2 6$
 $g z w s D U ' v E^2 A K' w w K^2 y W w s t A K w^1 w^2 A^2 w D W 3' D W w^2 W E L'''^2 A K w s u u m B W w^2 A D$
 $E v^2 W W W w w W D s^1 u A^1 ' W W x A D x 3 D W D D W^1 w^1^2 y 6$

Y lvk lq 32 gd«v. vkh dxvkru lv lqirup hg derxwkh dffhs v d qf h ri vkh dulf dh. derxwp dnlqj qhf hvvduk fruhf vlrqv ru derxwkh uhixvdori vkh dulf dh vkrurxj k klv h/p dlodgguhv0

Qqα divhu vkh s rvlvyh frqf α vlrq ri vkh hglv uldofrp p lwhh. vkh dssursuldvh s d«p hq w vkrxg eh grqh dffruglaj α0

Kvlv uht x luhg w vxep l wkh p d m u l d α l q h d f w r q l f y h u v r q d q g l q r q h s u l q v h g i r u p 0

Vkh dulf dh p xvwqrwkdyh ehhq s xedvkhg hduhu0

cvs oE D ± B W B B ± » B p z t ± B D s q ± » D ± t D s o B D q z 3
 Poqv oB qz v B qv s q s r p I O » o » D p z o u w B B « 3

Рoqв оЕД±Бqо» ВЕр« вД6 Вqв» Дvq оосБw 6 вЕЕs ±t Дys ±ЕБ»oz3 вД ±Б
 3 вД ±ЕДq±2вЕД±ББ3
 Рoqв оБДqz вБoВw»sr o r wvбz±рxqДws»ДvсБi O[Б
 SБorЕод БЕrs»ДBo»r оosзqо»ДB« EВДoБ±Жс Дys ±oмv±» ±t o Bqв»ДВД±Бo
 zорwи BсsqozвДw ДvБtwz ozt»u 3 вД o» P»uwsБwи оБДqz 3 вД ±ЕДо q±2вЕД±Б3

] ±ВДБorЕод БЕrs»ДBo»r оosзqо»ДB-3 вД ±ЕДо q±2вЕД±Бo« EВДЕр« вДДs
 q±»qzЕв±» ±t o Bqв»ДВД±Бo zорwи BсsqozвДw ДvБtwz ДtusДysБ3 вД Дys
 оБДqz 3

gzw uA3² ЖДwE Mf Vc Of uAAБwД ЖЕ П'Ж '2 Eu'w² Ж'у5w3us ЖA² s' x'w'v s Дv² АЖuzs Дyw
 xАДЖws ДЖу'wБ3t 'us ЖA² 6

МДЖу'wE EzA3'v t wE3t ' Жw Ж ЖwxA''AП'² y svv ДwEЕ
 l wДwс² 88С84MwB Zs² 3»H² 994: 'v x'AAДw u'w² Ж'у OAAД'² s ЖA² PwБс ДЖ w² Ж
 l wД² 3z' f' A² H² 4wB s'F wД² 3z' E' A² H² L EBAДw 3G'¹
 gw'6 0891 AA ?? 50879B@48AA5 B5DE5E

ЦДКБ Нк МДВ dt ММКБ

i SR DFC5 :

b[NULXU UZS RdZNcU Zb [Rb] [ac U Nda aPZc N[ZOUU Zb
 L3V 3±Byo»Йo»⁶
 W3 3s Б±pЙo»⁷
 9ЛБ« s»v» бДд U ВwEД ±t] vЙBqozNEzДЕс o»r бo±БД
 hsБс Жo»1 ЛБ« s»v01
 7bvвoу бДд d»wкsБwЙi SЙE« Бv
 ЛБ« s»v01

WЙ 3±Бr BB Urfldd·dwrq. prghuq vrfllw. vsruw. ixqfvrq ri shwrqddw ghyhōsp hqw
 khdoк Ip suryhp hqv0

a PRPa PZNPb

- 30 I uj rukdq [x0 0 Ekdwq«dq COCO Mduds hw«dq KMO Vkh qhf hvvlw ri sk«vlf dof xoxuh
 iurp vkh srlqw ri ylhз ri vxghqw. Vkhvhv ri vkh Thsxedfdq 4; * vflhqwilf/
 p hvkr glfdofrqihuhqfh. [huhydq. 4224. s 0370
- 40 Odqxn«dq CONO Hbp lō hgxfdwrq lvvxhv lq vkh Cup hqldq hvkqrs hgdj rj lfdofxoxuh.
 h' vhgghg devudfwri d vkhvlv WRRKF ri Rhgdj rj «. [huhydq. 4242. s 0440
- 50 I kd·du«dq H0 0 Ddvlfv ri vsruwudlqlqj . Vh' verrn. [huhydq<"Lrnhu". 3 ; 5. s 4340
 www.sportedu.am

- 60 Vhuhnkld TPO Ushfidosuhs dudvraq dnyhori j «p qdvwf sœvrap dhdghuv lq vkh iluwv
«hdu ri vkh Qœp slf fœfch 1 TPO Vhuhnkld. UOXO Druvlhqnr. PPO Mryul.kqœnk 11
Uflhqvlf qrvhv ri vkh Wqlyhuvlw divhu R0-DN hvj div0/ 42390/ Pr032 (374)0 ss0466/
46: 0
- 70 Frz dqj 00 Ggz dugv l0& Y dvklaj vraq 00 Wqghuvdqglaj vkh Erqfhs wri
Rurihvraqddvdvraq lq UsruvO dqj hp hqwThvdufk. UsruvO dqj hp hqwThylhz .
4236=39(6)s0742 74; 0
- 80 Trp dqryvndœd P000 Vkh frqfhs wri surihvraqdofrp shvqfh
kws 1lp hgl0p lx0œ 1ildvlvrvuh1lvhp vldi harqj 133133cdihcœqj cdudqlaj c7c320gi
jdf fhv<34.27.4245a
- 90 kws v1inlv0œ1sdj h1313830kvp o]dffhvw<47.34.4244a

Ут±Б« оДт» ор±ЕДДs оЕД±БВ ТР±БЕА ДууДКБ НА МДВ0

Cup hq Odœlv Xrvndqœdq. RkF Cvvrfldv Rurihvru ri vkh Fhsdvp hqwri Usruv
Rhgdrj « dqg Rvœfkrœj œ .Cup hqldq Uvœlv Kqvlvv hv ri Rkœvlf doExœuh dqg Usruv.
[huhydq. Cup hqld. G/p dlœd0rvnB vsruvngx 0tp
QTEK <2222/2223/882: /8857
Mduhq Td-p In Uhureœdq. Uvœghqwri Odvhu v F hj uh
Ukludn Uvœlv Wqlyhuvlw. I œxp ul. Cup hqld. G/p dlœn0vhuB vvœ0tp
QTEK <2222/2224/7933/79: 6

3

ԽՆՄԶՆՔ ԱՅ Բ] [ա շԵԿ [ՕՔա Շ ԱԲԺՔԲ*f u'w² Խ' u s² v ' Խ' Av' us' «A3, Դ' s'*

E

5

№ 1 (11)

0 0

0 0